

PARTY DATE/ TIME \_\_\_\_\_ INSTRUCTOR \_\_\_\_\_

### **1. Parties are 1 ½ hours long.**

The first hour is spent in the gym and the last ½ hour is upstairs in the party room. Your party participants need to stay in your party area for the last ½ hour. There will be another party set up in the other party area , Please be considerate of their belongings.

You may arrive 15 minutes early to set up for your party. Children for the party must stay in the lobby or upstairs in the party area until it is your party time. Please do not let your children in the gym when it is not their party time. The next party will be showing up shortly after your party time, so please be clear out all party items in a prompt manner.

### **2. Party participants should wear comfortable clothes**

Clothes that can stretch and have no long strings or zippers if possible. We prefer the party participants to go bare foot. Some of the equipment is easier to use if bare foot and if they are planning on going in the pit, their socks get a little foamy and they may lose socks in the pit.

### **3. All participants must be signed in and out**

There will be a sign in sheet at the front desk for your party. Be sure all participants sign in. This form is a waiver and provides us with an emergency contact if something happens.

### **4. We ask that you call and confirm**

How many kids will be participating in the party by the Wednesday before your party \_\_\_\_\_, if no one has contacted you before then. The party rate of \$75 is for 8 kids including the party child. Remember **any child that goes out on the party floor will be includes in the count.** This includes the party child , and any sibling that go out on the floor. Each additional child is \$5.

### **4. GENERAL GYM RULES**

**No food or drink** (including gum and candy) on the gym floor.

No playing on the **bleachers.**

**Bathrooms** are not a play area.

No more **than 2 children on the trampoline at a time.**

**Always use your hands** when swinging on the bars-do not hand by knees

**Swing on the rope swing** from appropriate areas... not from beams.

Watch for kids under you **when climbing the rock wall** before falling into pit.

When **jumping into pit-** land on feet or bottoms...not head or stomach

**If you need help with anything be sure to ask the instructor.**

### **5. THINGS YOU NEED TO PROVIDE:**

ANY DECORATIONS

TABLE CLOTHS, PLASTIC WEAR FOR CAKE/ICE CREAM, PLATES, CUPS

KNIFE TO CUT CAKE OR SPOON TO DIP ICE CREAM.

LIGHTER/ MATCHES FOR CANDLES .

We have a refrigerator/freezer if you need it. Just tell teacher in charge.

**Thank you for choosing FLIPZ USA for your Party. We hope you have an enjoyable time.**

**If you have any questions, feel free to call our office: Mon –Thurs 3:30-8:00 pm**

**Phone # 573-474-6300 or e-mail flipzusamo@aol.com**